

ATL Skills

Affective Skills	Communication Skills
<ol style="list-style-type: none"> 1. Practise being aware of body/mind connections 2. Demonstrate persistence and perseverance 3. Practise delaying gratification 4. Practise strategies to overcome impulsiveness and anger 5. Practise strategies to prevent and eliminate bullying 6. Practise strategies to reduce stress and anxiety 7. Practise analysing and attributing causes for failure 8. Practise managing self-talk 9. Practise positive thinking 10. Practise bouncing back after adversity, mistakes and failures 11. Practise failing well 12. Practise dealing with disappointment and unmet expectations 13. Practice dealing with change 	<ol style="list-style-type: none"> 1. Give and receive meaningful feedback 2. Use intercultural understanding to interpret communication 3. Use a variety of speaking techniques to communicate with a variety of audiences 4. Use appropriate forms of writing for different purposes and audiences 5. Use a variety of media to communicate with a range of audiences 6. Interpret and use effectively modes of non-verbal communication 7. Negotiate ideas and knowledge with peers and teachers 8. Participate in, and contribute to, digital social media networks 9. Collaborate with peers and experts using a variety of digital environments and media 10. Share ideas with multiple audiences using a variety of digital environments and media
Creative Thinking Skills	Critical Thinking Skills
<ol style="list-style-type: none"> 1. Use brainstorming and visual diagrams to generate new ideas and inquiries 2. Consider multiple alternatives, including those that might be unlikely or impossible 3. Create novel solutions to authentic problems 4. Make unexpected or unusual connections between objects and/or ideas 5. Design improvements to existing machines, media and technologies 6. Design new machines, media and technologies 7. Make guesses, ask what-if questions and generate testable hypotheses 8. Apply existing knowledge to generate new ideas, products or processes 9. Create original works and ideas; use existing works and ideas in new ways 10. Practise flexible thinking; develop multiple opposing, contradictory and complementary arguments 11. Practise visible thinking strategies and techniques 12. Generate metaphors and analogies 	<ol style="list-style-type: none"> 1. Practise observing carefully in order to recognize problems 2. Gather and organize relevant information to formulate an argument 3. Recognize unstated assumptions and bias 4. Interpret data 5. Evaluate evidence and arguments 6. Recognize and evaluate propositions 7. Draw reasonable conclusions and generalizations 8. Test generalizations and conclusions 9. Revise understanding based on new information and evidence 10. Evaluate and manage risk 11. Formulate factual, topical, conceptual and debatable questions 12. Consider ideas from multiple perspectives 13. Develop contrary or opposing arguments 14. Analyse complex concepts and projects into their constituent parts and synthesize them to create new understanding 15. Propose and evaluate a variety of solutions 16. Identify obstacles and challenges 17. Use models and simulations to explore complex systems and issues 18. Identify trends and forecast possibilities 19. Troubleshoot systems and applications
Communication Skills	Information Literacy Skills
<ol style="list-style-type: none"> 1. Reading, writing and using language to gather and communicate information 2. Read critically and for comprehension 3. Read a variety of sources for information and for pleasure 4. Make inferences and draw conclusions 5. Use and interpret a range of discipline-specific terms and symbols 6. Write for different purposes 7. Understand and use mathematical notation 8. Paraphrase accurately and concisely 9. Preview and skim texts to build understanding 10. Take effective notes in class 11. Make effective summary notes for studying 12. Use a variety of organizers for academic writing tasks 13. Find information for disciplinary and interdisciplinary inquiries, using a variety of media 14. Organize and depict information logically 15. Structure information in summaries, essays and reports 	<ol style="list-style-type: none"> 1. Collect, record and verify data 2. Access information to be informed and inform others 3. Make connections between various sources of information 4. Understand the benefits and limitations of personal sensory learning preferences when accessing, processing and recalling information 5. Use memory techniques to develop long-term memory 6. Present information in a variety of formats and platforms 7. Collect and analyse data to identify solutions and make informed decisions 8. Process data and report results 9. Evaluate and select information sources and digital tools based on their appropriateness to specific tasks 10. Understand and use technology systems 11. Use critical literacy skills to analyse and interpret media communications 12. Understand and implement intellectual property rights 13. Create references and citations, use footnotes/endnotes and construct a bibliography according to recognized conventions 14. Identify primary and secondary sources
Media Literacy Skills	
<ol style="list-style-type: none"> 1. Locate, organize, analyse, evaluate, synthesize and ethically use information from a variety of sources and media (including digital social media and online networks) 2. Demonstrate awareness of media interpretations of events and ideas (including digital social media) 	<ol style="list-style-type: none"> 3. Make informed choices about personal viewing experiences 4. Understand the impact of media representations and modes of presentation 5. Seek a range of perspectives from multiple and varied sources 6. Communicate information and ideas effectively to multiple audiences using a variety of media and formats 7. Compare, contrast and draw connections among (multi)media resources